



HANDMADE DOLL
TUTORIAL BY
LOLI DOLLS

LEARN HOW TO SEW YOUR OWN DOLLS



“When we are creative we
feel as if the world and all
that is in it is vibrantly
alive.”



IMPORTANT NOTICE:

This tutorial I made contains creative copyrightable elements. You can use it merely for your personal educational benefit. Soft dolls made from this tutorial and pattern can be sold - a simple design credit to "LoLiDolls" is appreciated. You cannot sell either this tutorial or the pattern. Thank you for your understanding.

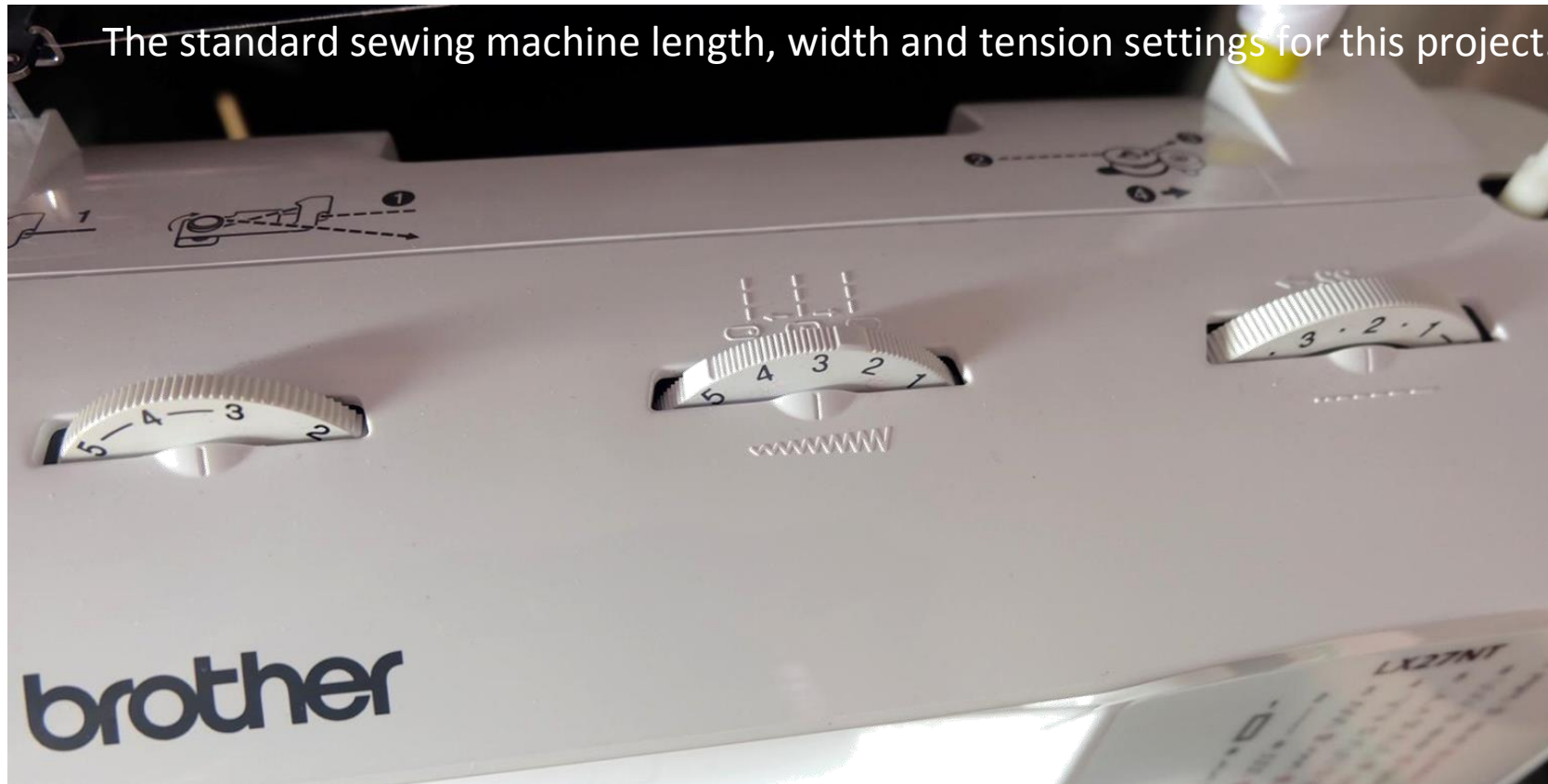
YOU'LL NEED THE
FOLLOWING:

1. Skin fabric (preferably cotton canvas non-stretch)
2. Fabric for skirt
3. Fabric for legs
3. Fabric for head ribbons
4. Stuffing (preferably natural fibers but you can also use hypoallergenic fiberfill from pillows)
5. Scissors
6. Sewing thread and needle/sewing machine
7. Felt for head/hair
8. Blusher
9. Fabric marker (water and air erasable)
10. Fabric paint for the eyes (or embroider it)
11. Lace
12. Button snap or velcro



Let's begin....

The standard sewing machine length, width and tension settings for this project.

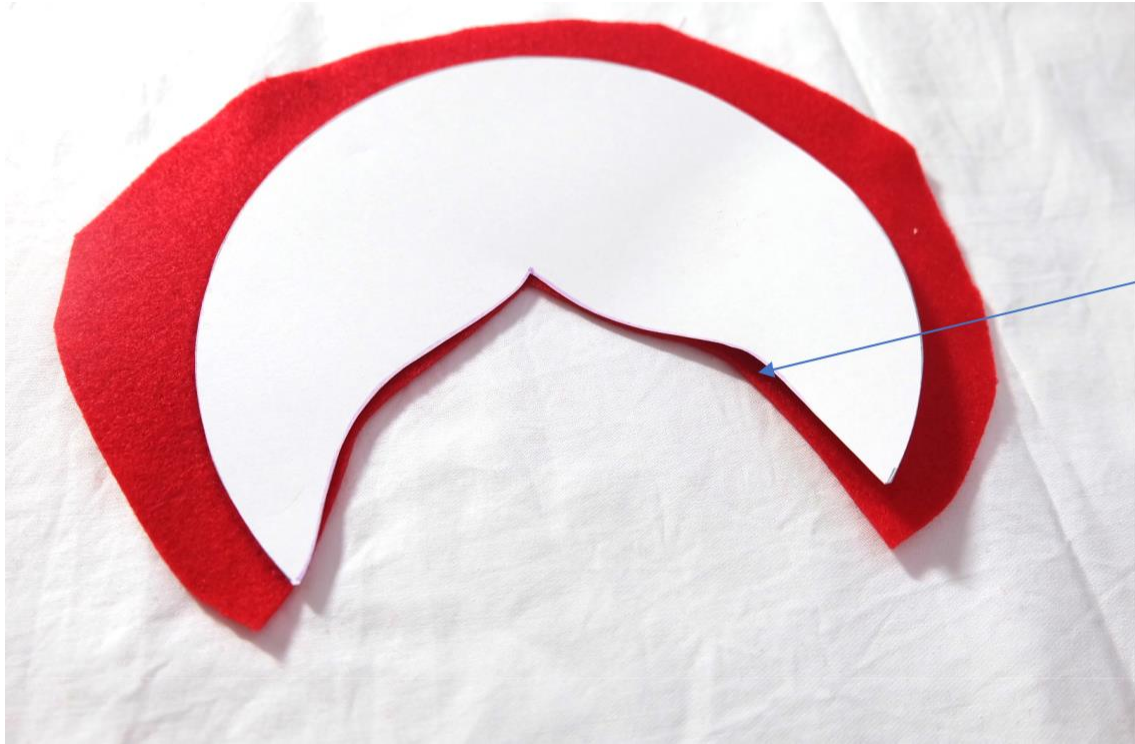


PRINT AND CUT OUT THE PATTERNS - Let's begin with the head and the arms first.

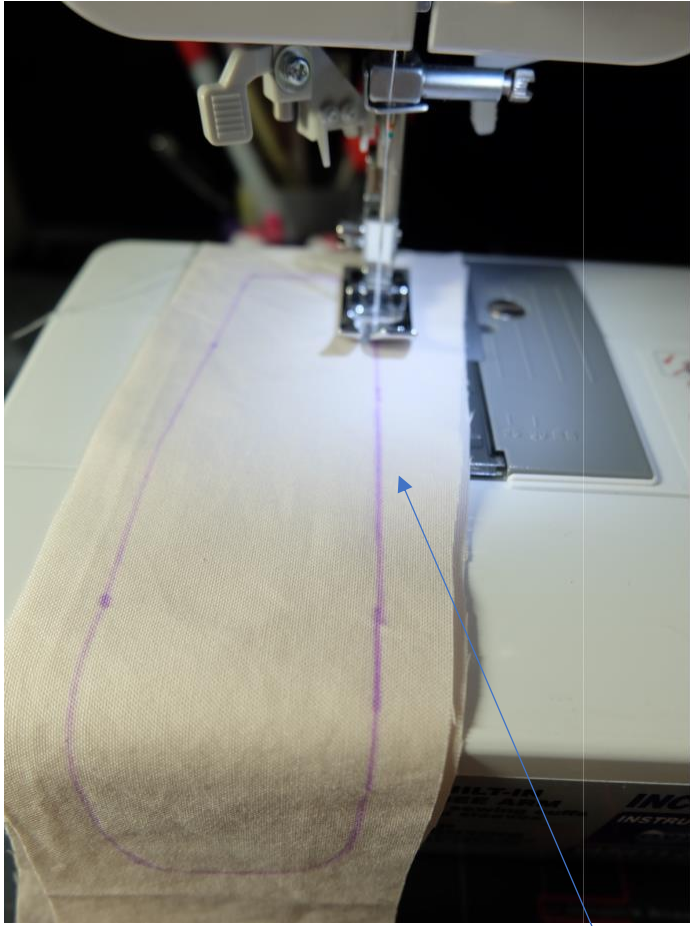
Cut 2 pieces of the head pattern - one from the skin fabric and one from felt.



Cut 4 pieces of the arm pattern



The hair line doesn't need to have too much seam allowance



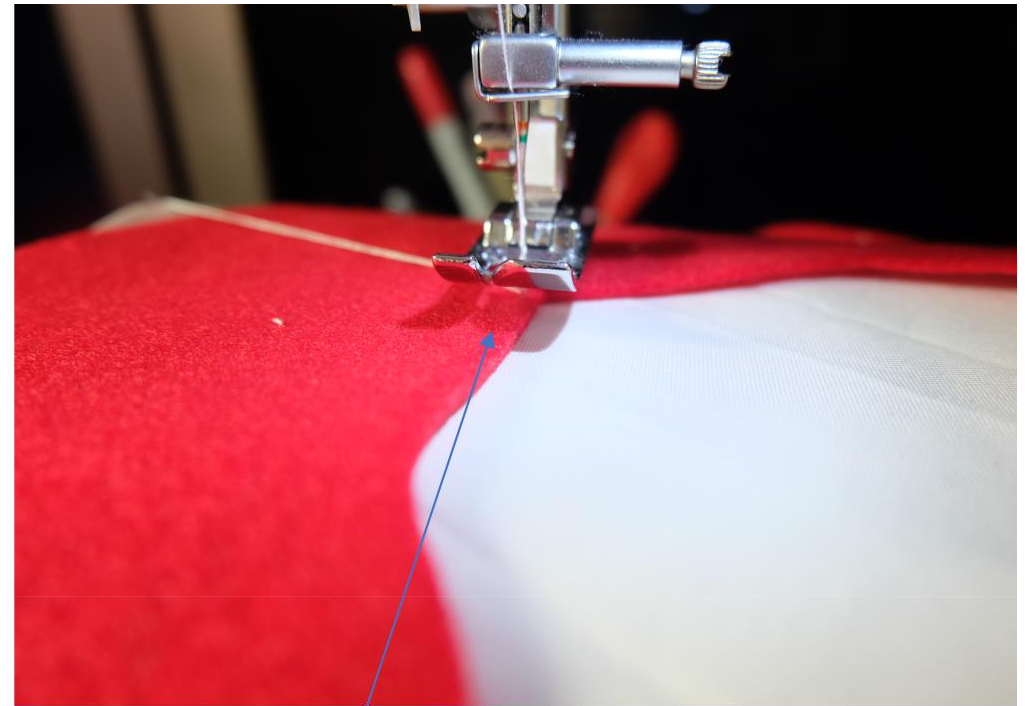
Stack two arms together and with a reasonable seam allowance, sew along the drawn lines



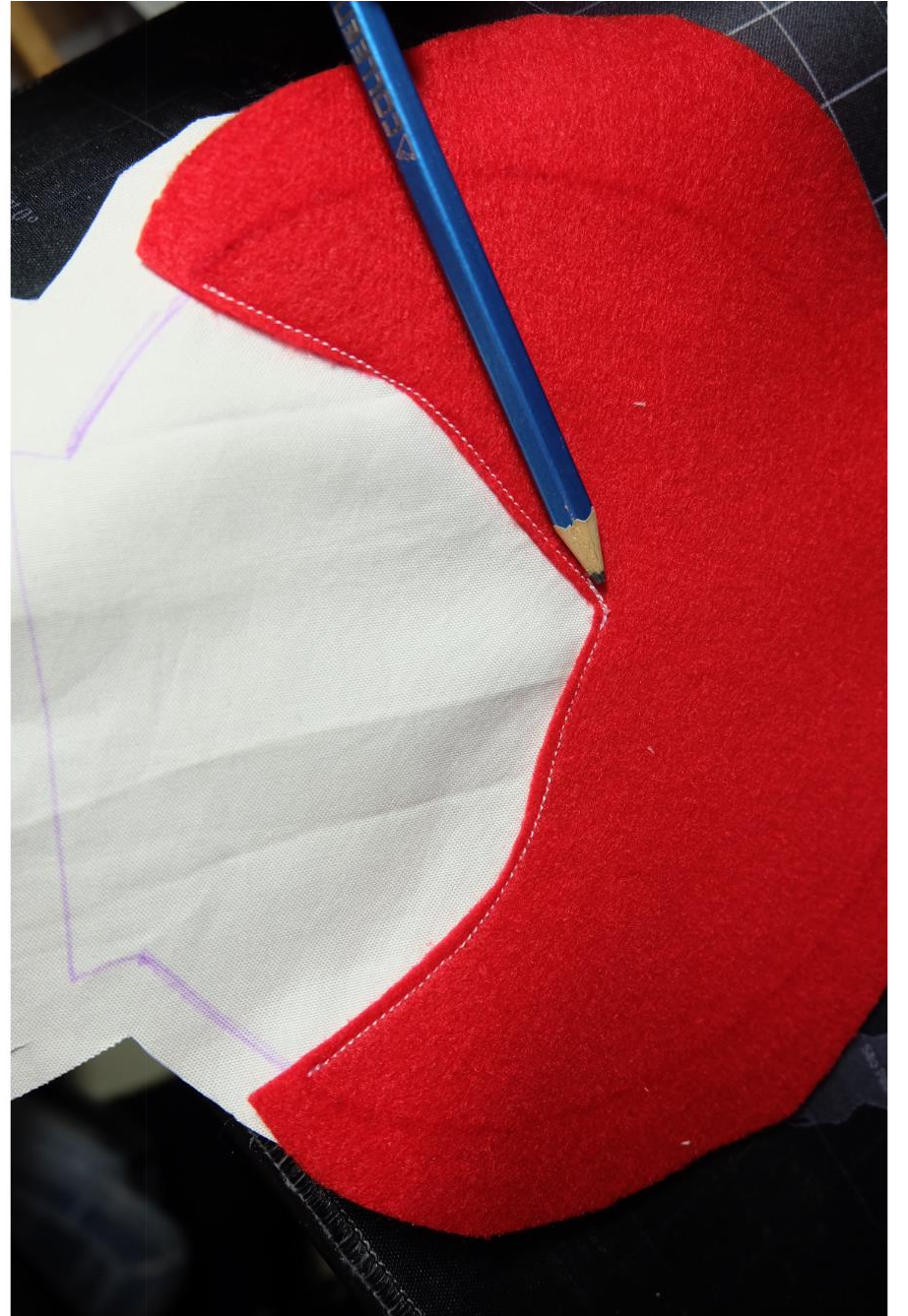
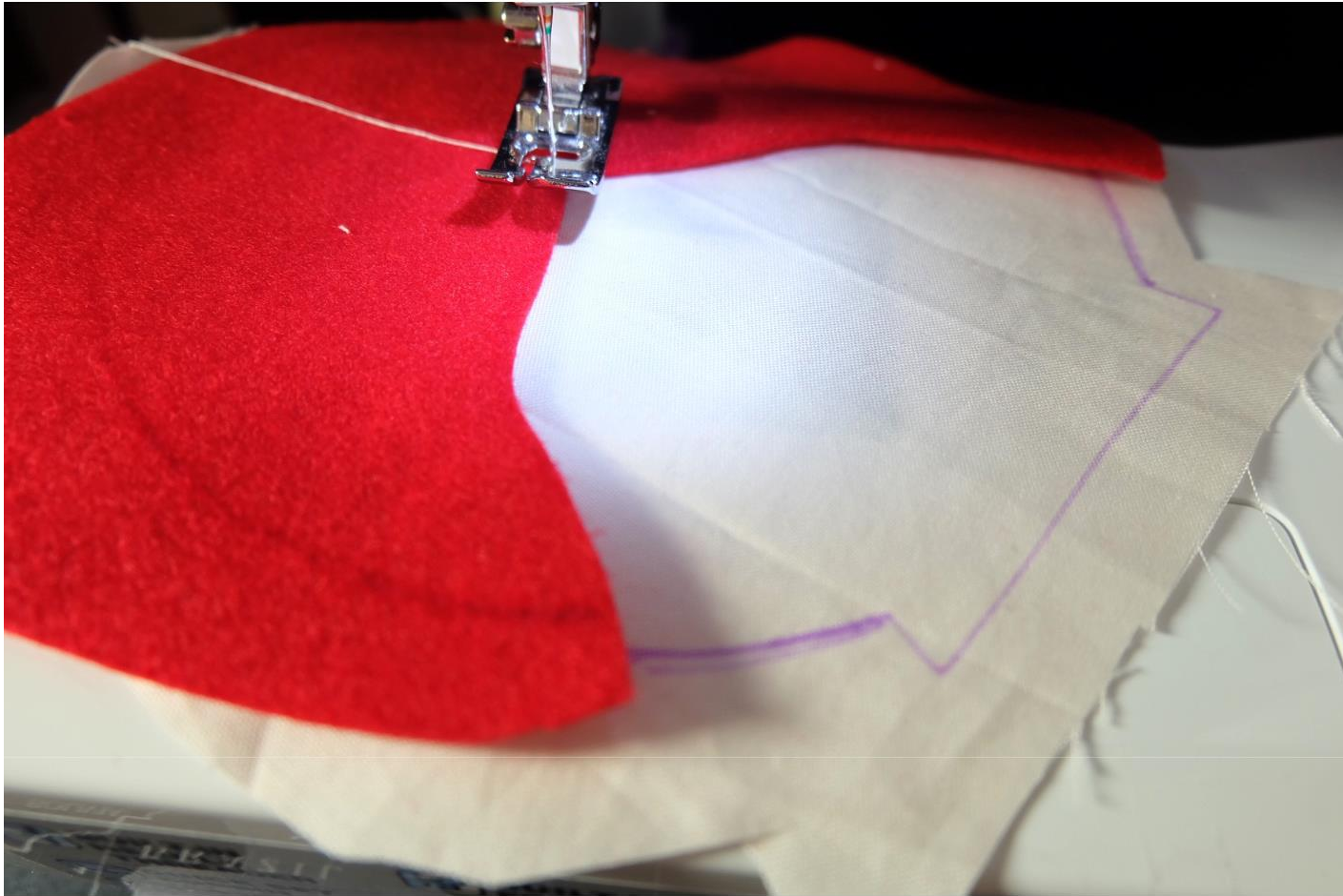
Turn the arms inside out



Stuff the arms using a chopstick or any stick that would do the trick 😊



Stack two of the head pieces with the front head (hair) on top. Sew along the bottom edge of the hair.

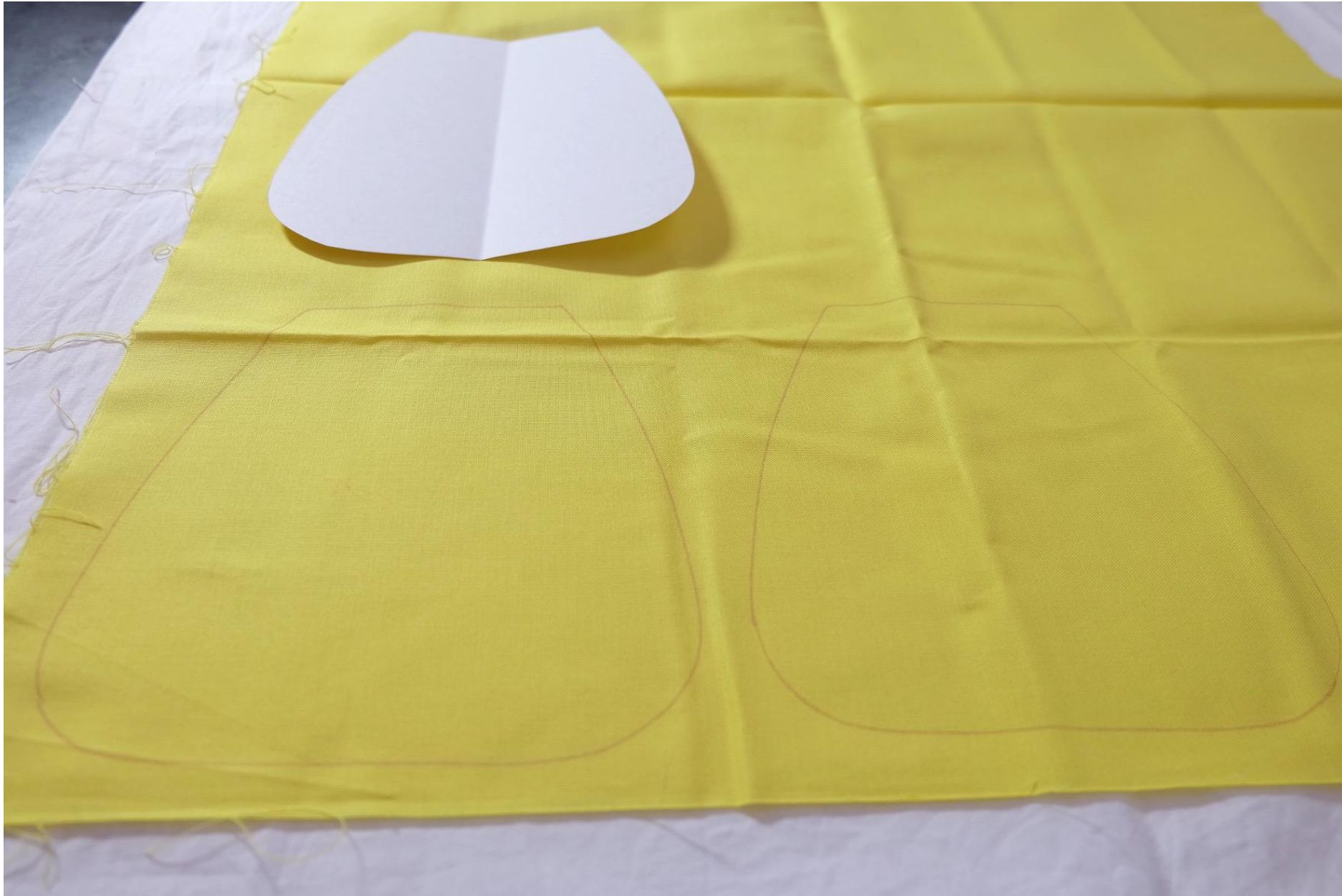




Front of the head

Back of the head

CUT OUT THE BODY PATTERNS






Attach and sew the body to the head to create a neck.

Refer to next few pages for better visual interpretation

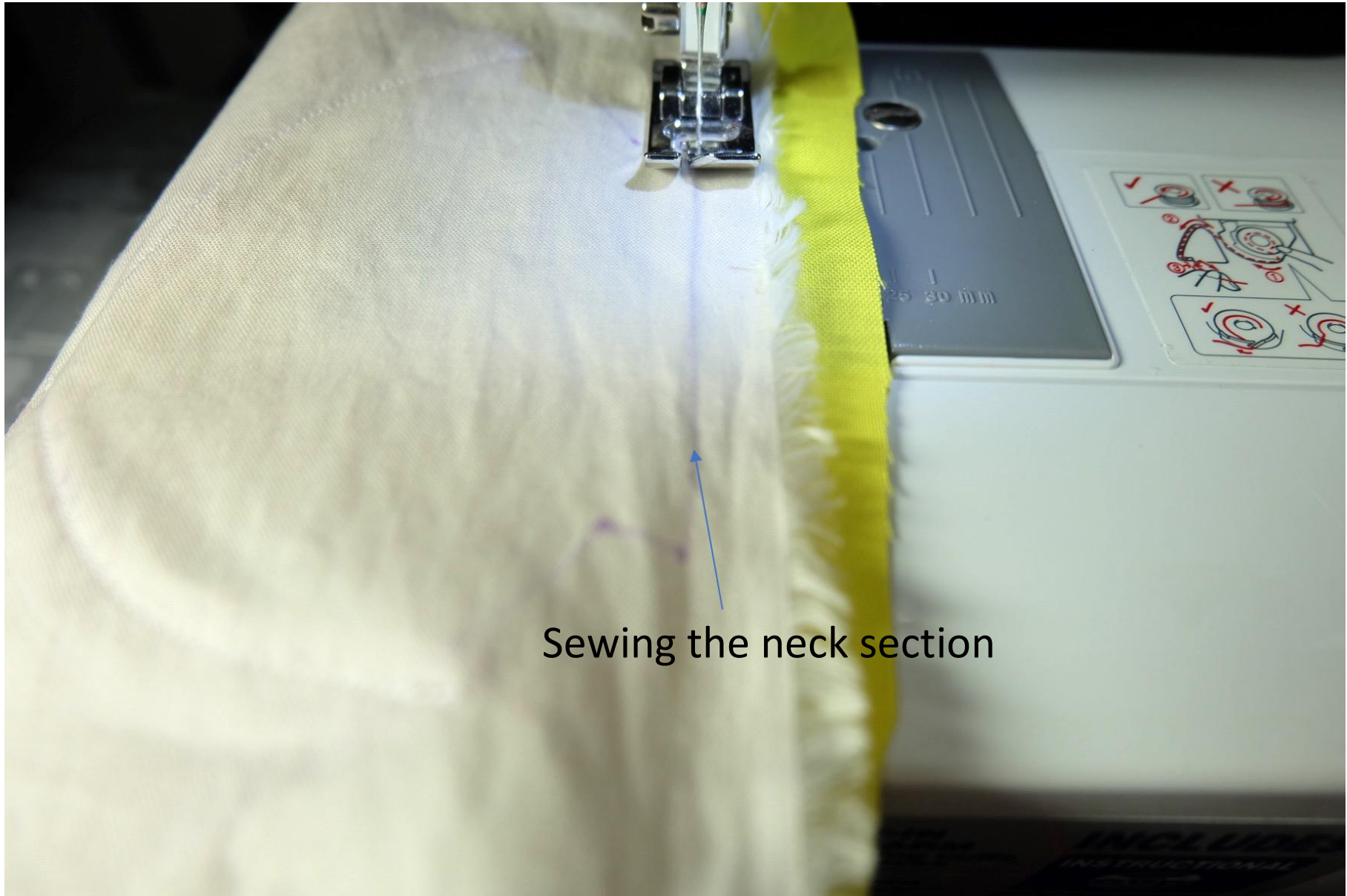
Front head and body

Back of the head and body

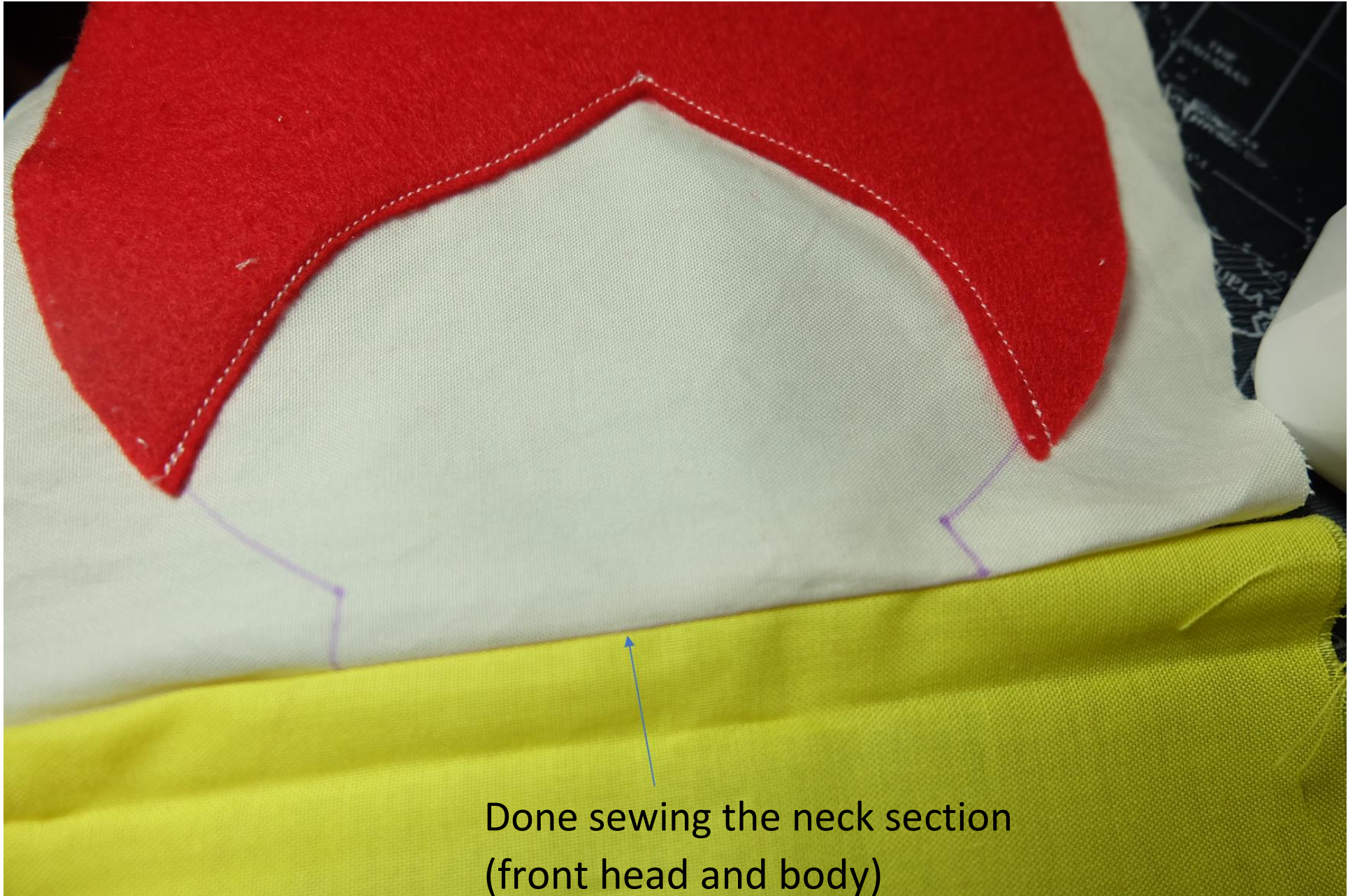


Put the head face-down on its body section counterpart, lining up the straight edges. Sew along that edge with a reasonable seam allowance.

Neck section (the straight line you will need to sew/attach together)



Sewing the neck section




Done sewing the neck section
(front head and body)



Repeat the same process
for the back of the head and body

 **BUILT-IN
FREE ARM**
for sewing cuffs
and sleeves

INCLUDES
INSTRUCTIONAL



Done sewing the neck section
(back of the head and body)




You are now ready to sew these pieces together 😊

Do not sew the
bottom part.
Leave this
open for
stuffing later

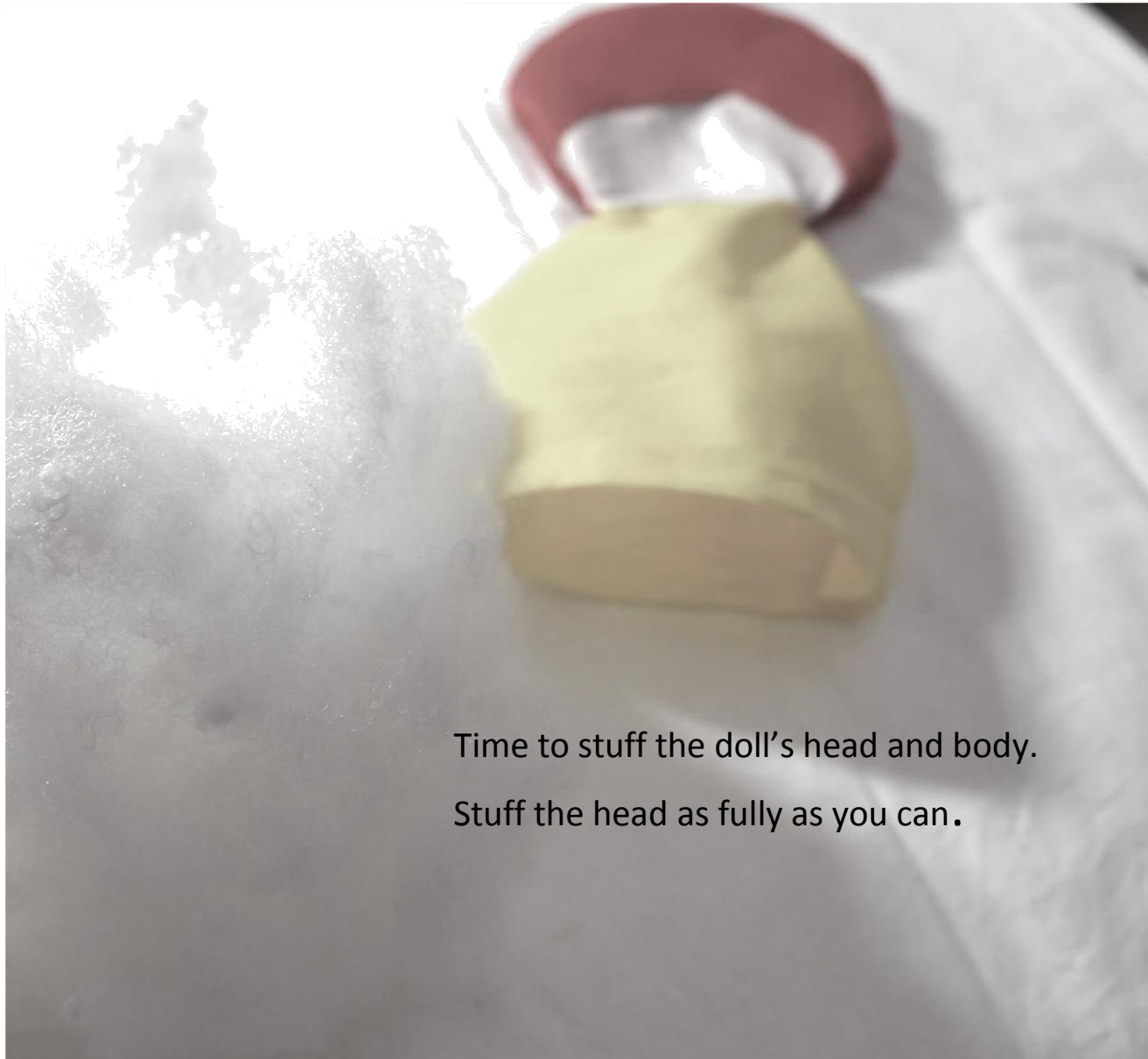


Sew “right sides” together, following through
the drawn lines

A close-up photograph showing a person's hand turning a bright yellow fabric doll inside out. The doll is being held by the top edge, and the hand is pushing the bottom edge through a rectangular opening in the fabric. The background is a white, wrinkled fabric surface. In the upper left, a pair of blue-handled scissors is partially visible. The text 'Turn the doll right side out through the opening' is overlaid at the bottom of the image.

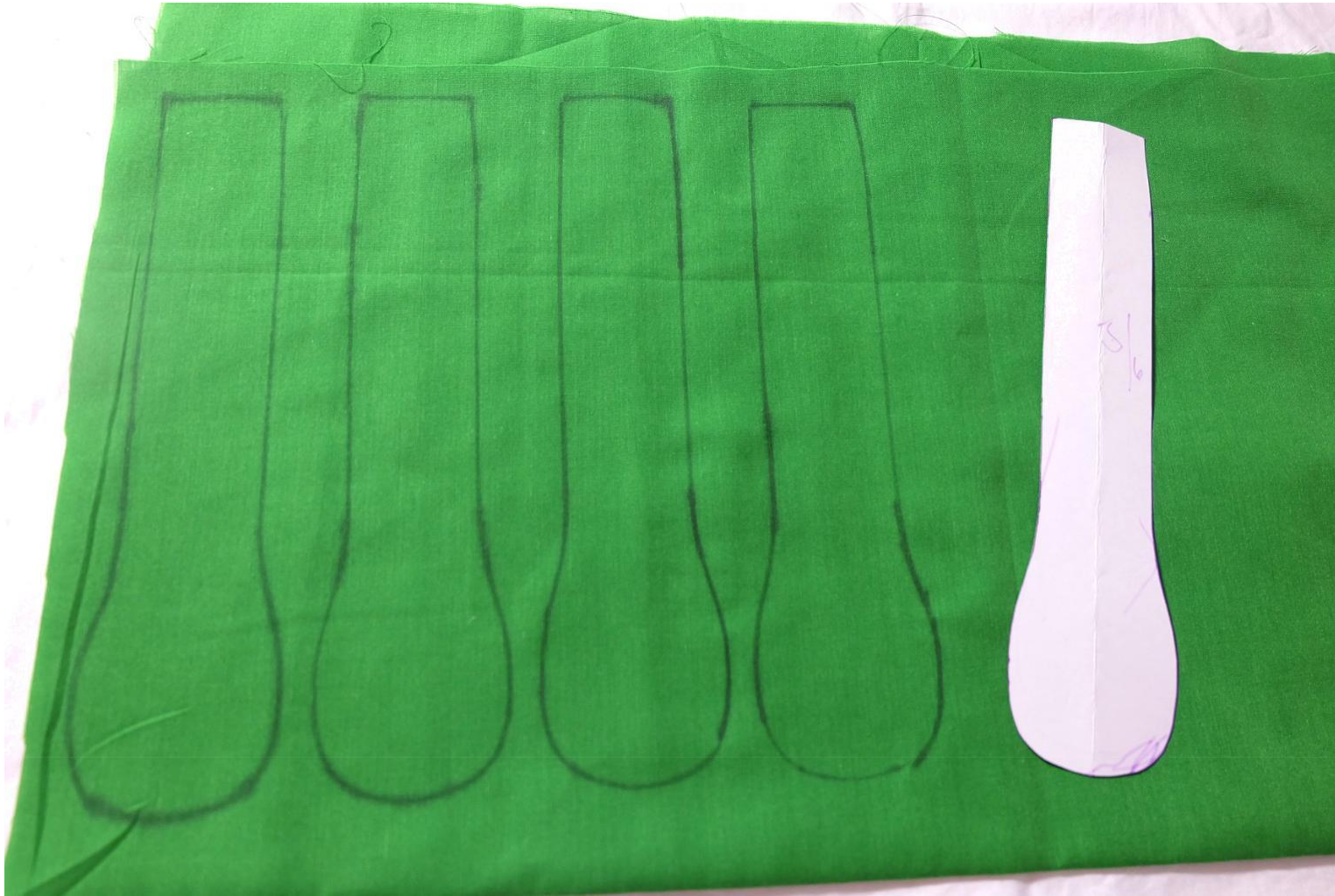
Turn the doll right side out through the opening





Time to stuff the doll's head and body.
Stuff the head as fully as you can.

CUT OUT THE LEG PATTERNS





Stack two legs together and with a reasonable seam allowance, sew along the drawn lines



Turn the legs inside out



It's stuffing time once again!





Roll the filling spaces of the arms inside and sew the ends together by hand.

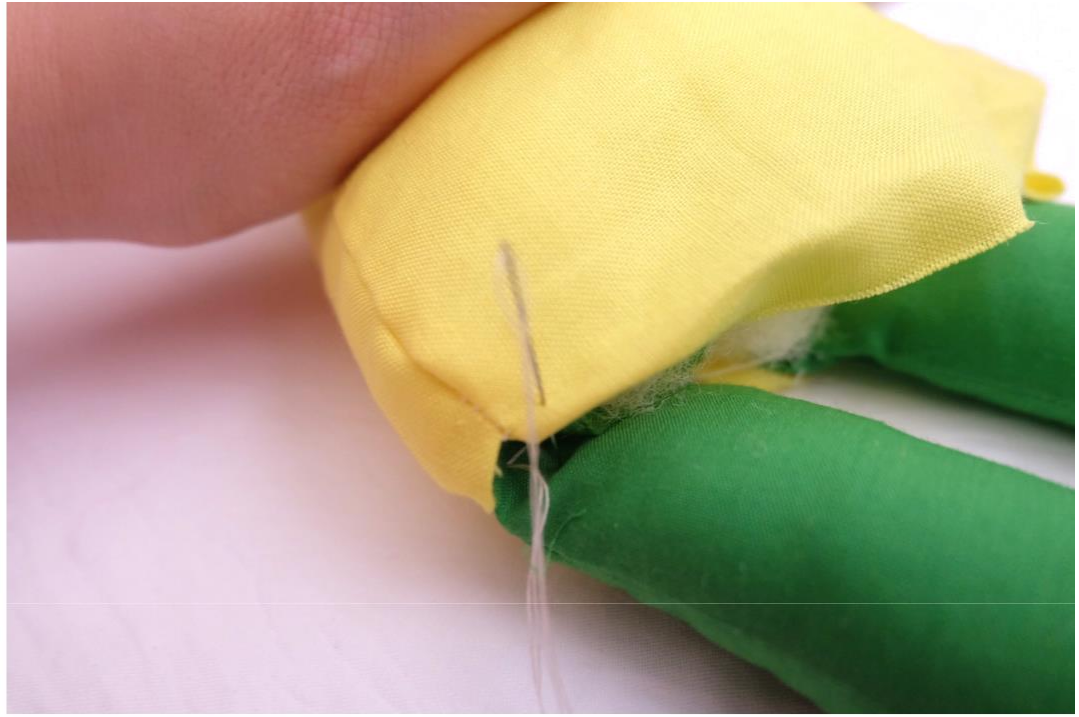


Tuck in the fabric at the opening....

Attach the legs facing in and stitch them in place to close the space.

Refer to the next photos







I tackle the sewing by hand first



and then use a sewing machine to get the most exact straight stitching possible

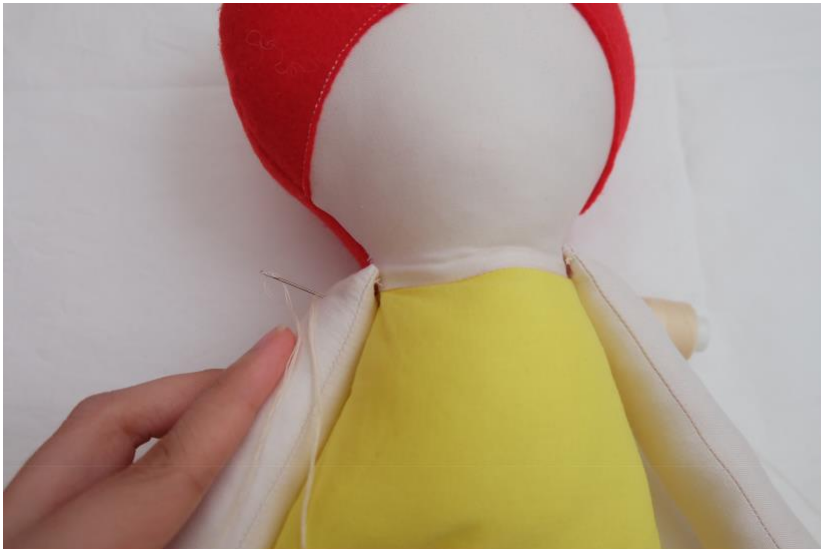
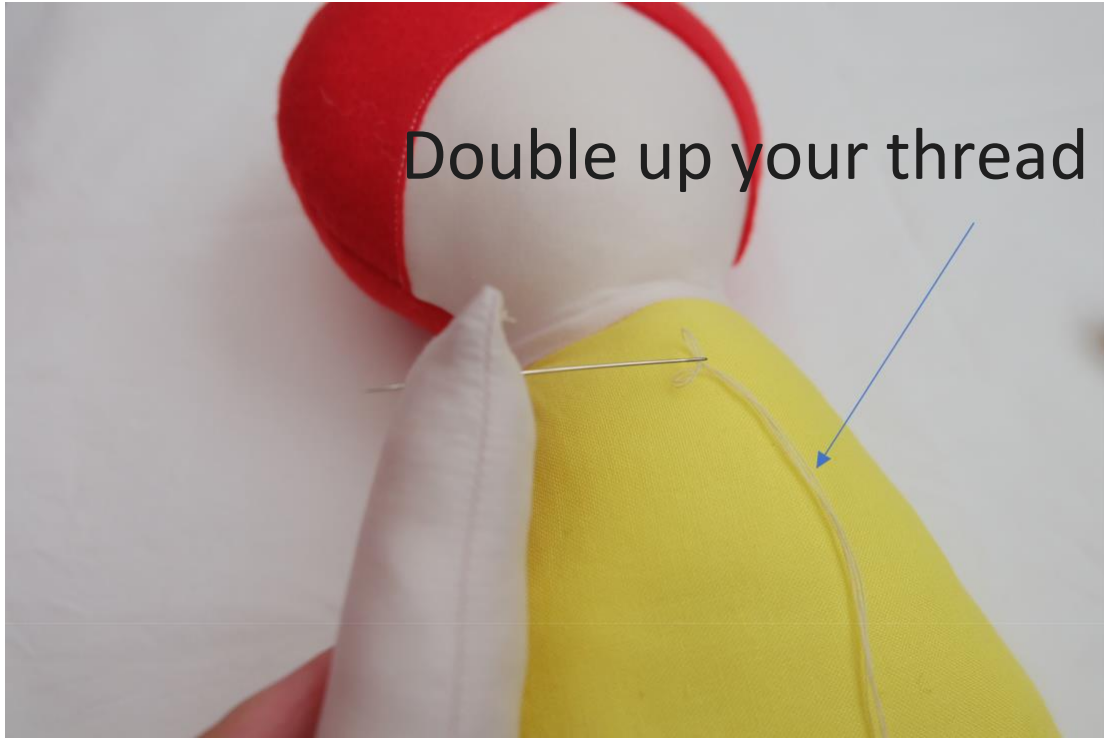


Cover the “hips” with a lace



For this doll, I opted for the basic white lace.
Sew the lace around the hips.

Double up your thread and sew the arms to the body.

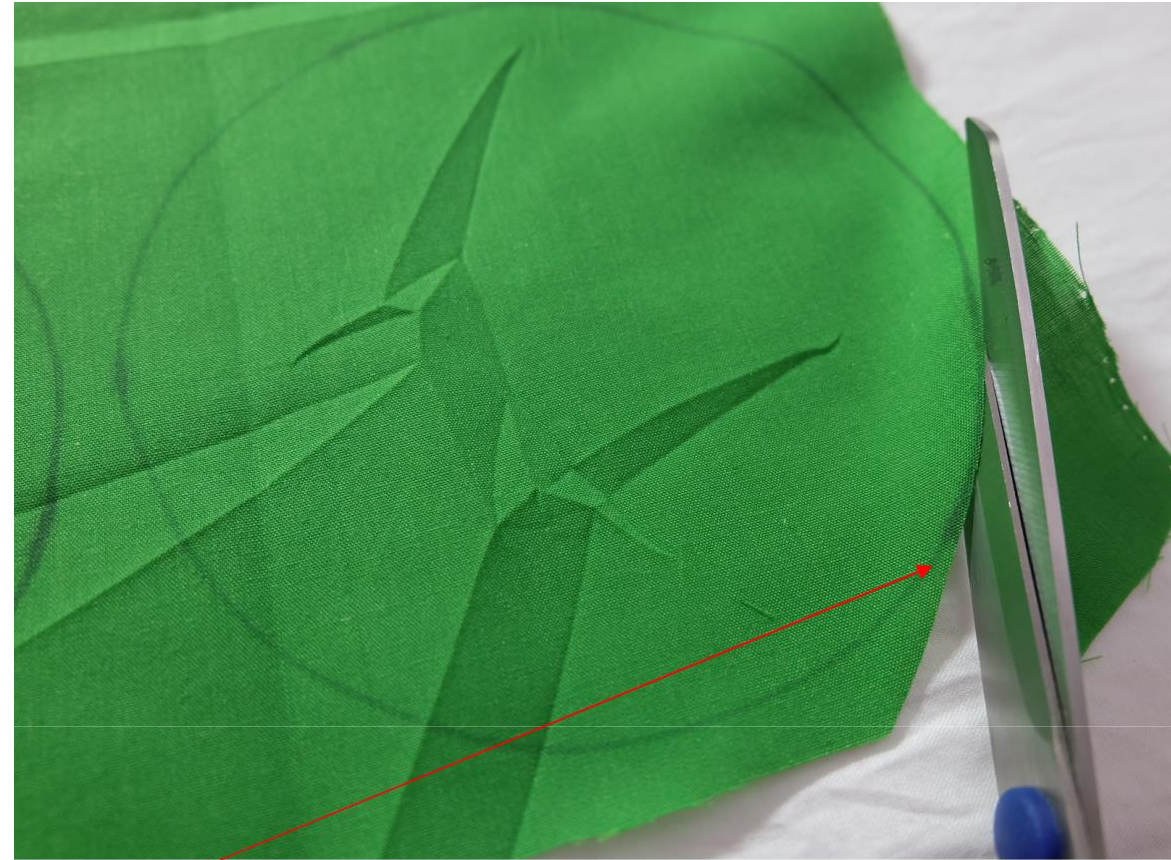


Adding a button here is optional.



Pull needle all the way through the torso of the doll and/or through the button holes about 4 times

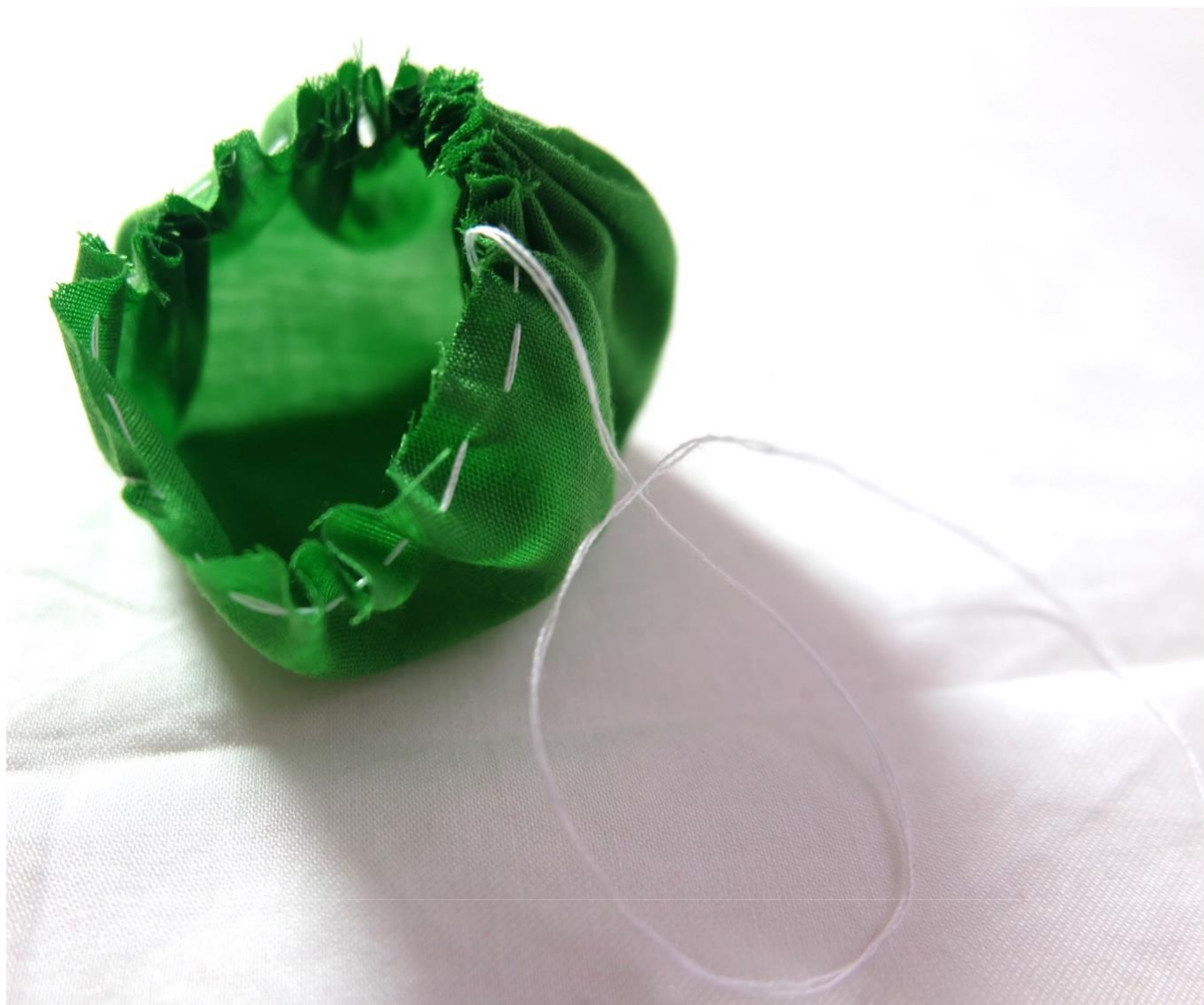
CUT OUT THE HAIR BUN PATTERN

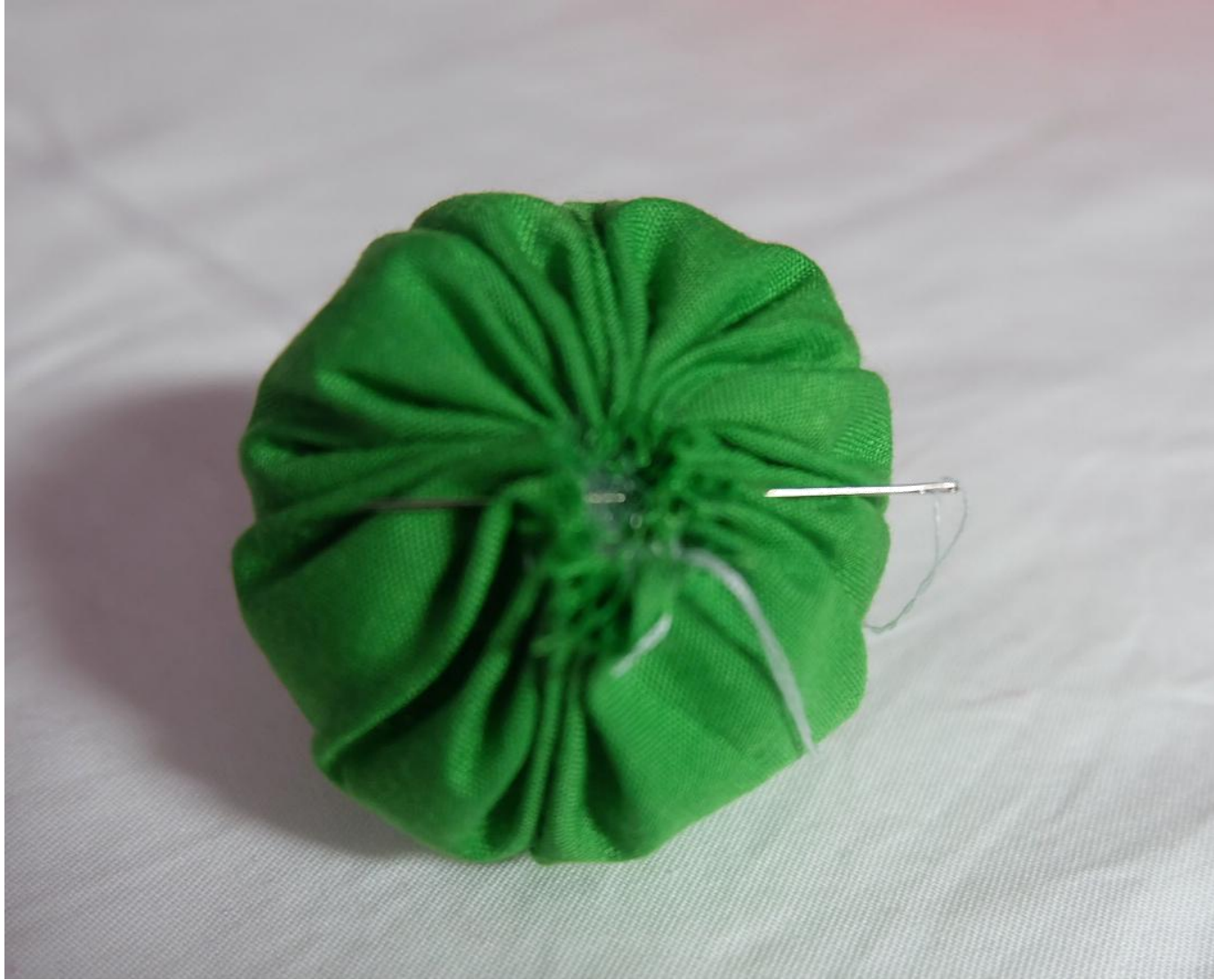


No seam allowance needed

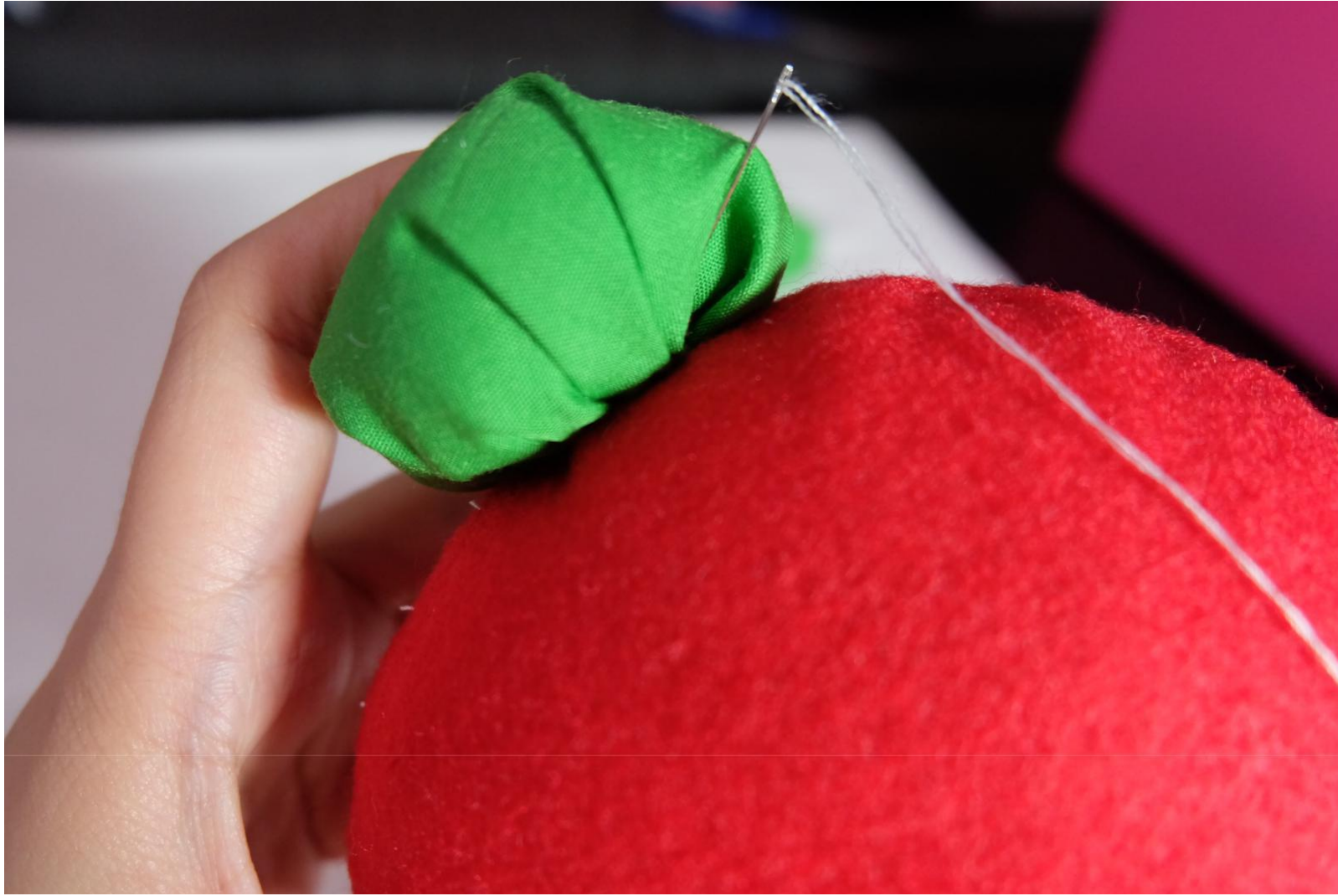


Pull the thread until a ball shape is formed. Fill the buns with fiber and pull the thread again. Sew the ends together.

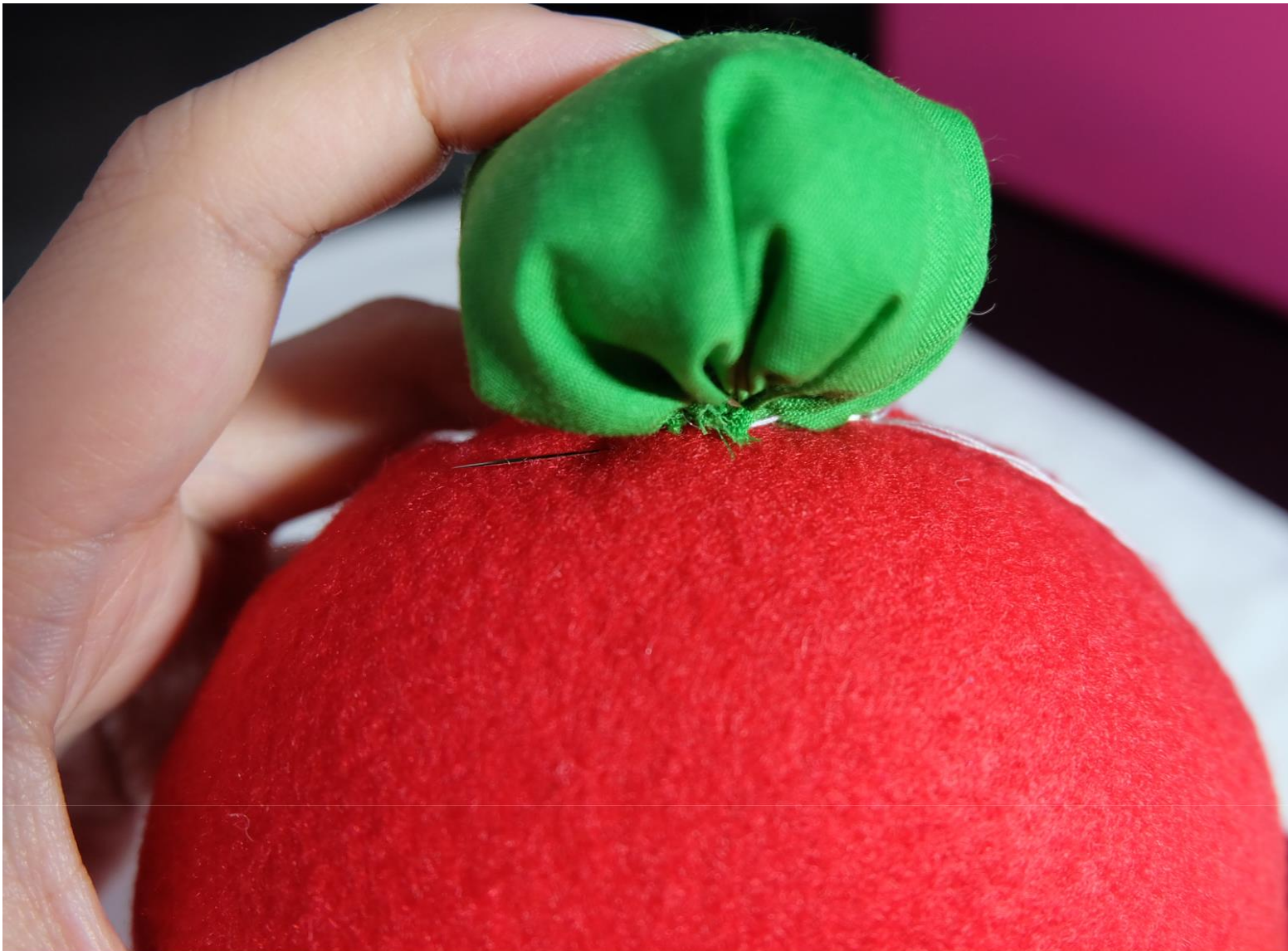




Sew each of the buns to the head by hand using a thin needle.



Secure the buns to the head



Now for the ribbons, lay out the ribbon pattern atop your fabric and begin cutting



Fold the rectangular fabric into half and sew both sides



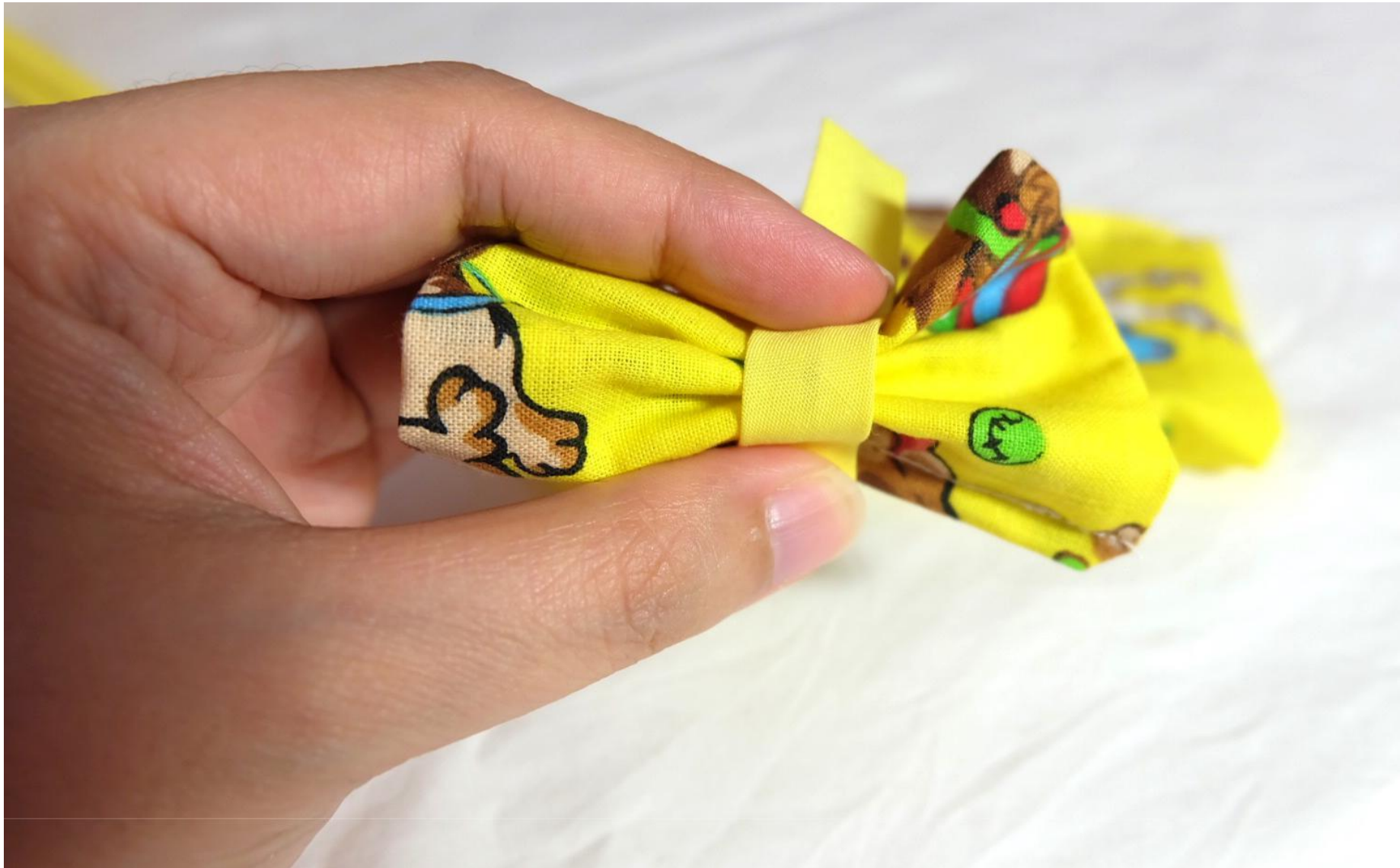
Flip it right side out



and sew the remaining opening



Finish off your bow. I prefer adding another piece of fabric by wrapping it around the center and sewing it directly unto the fabric.

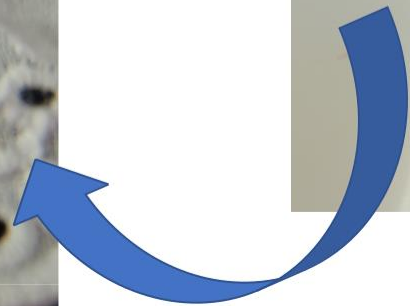


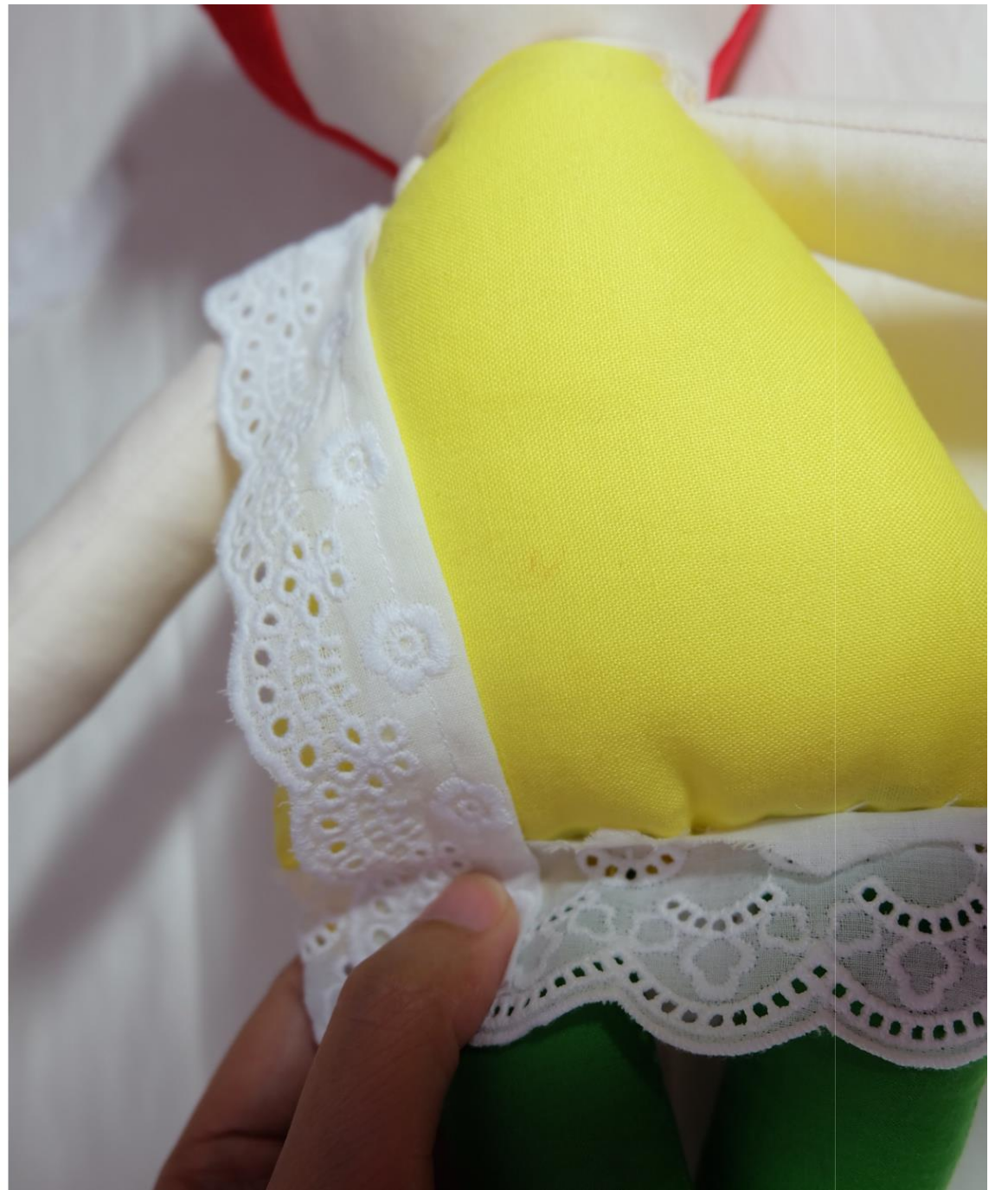
Place and sew the bow at the front of the hair buns



Now let's dress her up- prepare the laces. Cut approximately 31.5 cm of lace (2 pieces)









Sew on the metal button snaps to attach the laces at the front and the back

Front



Back

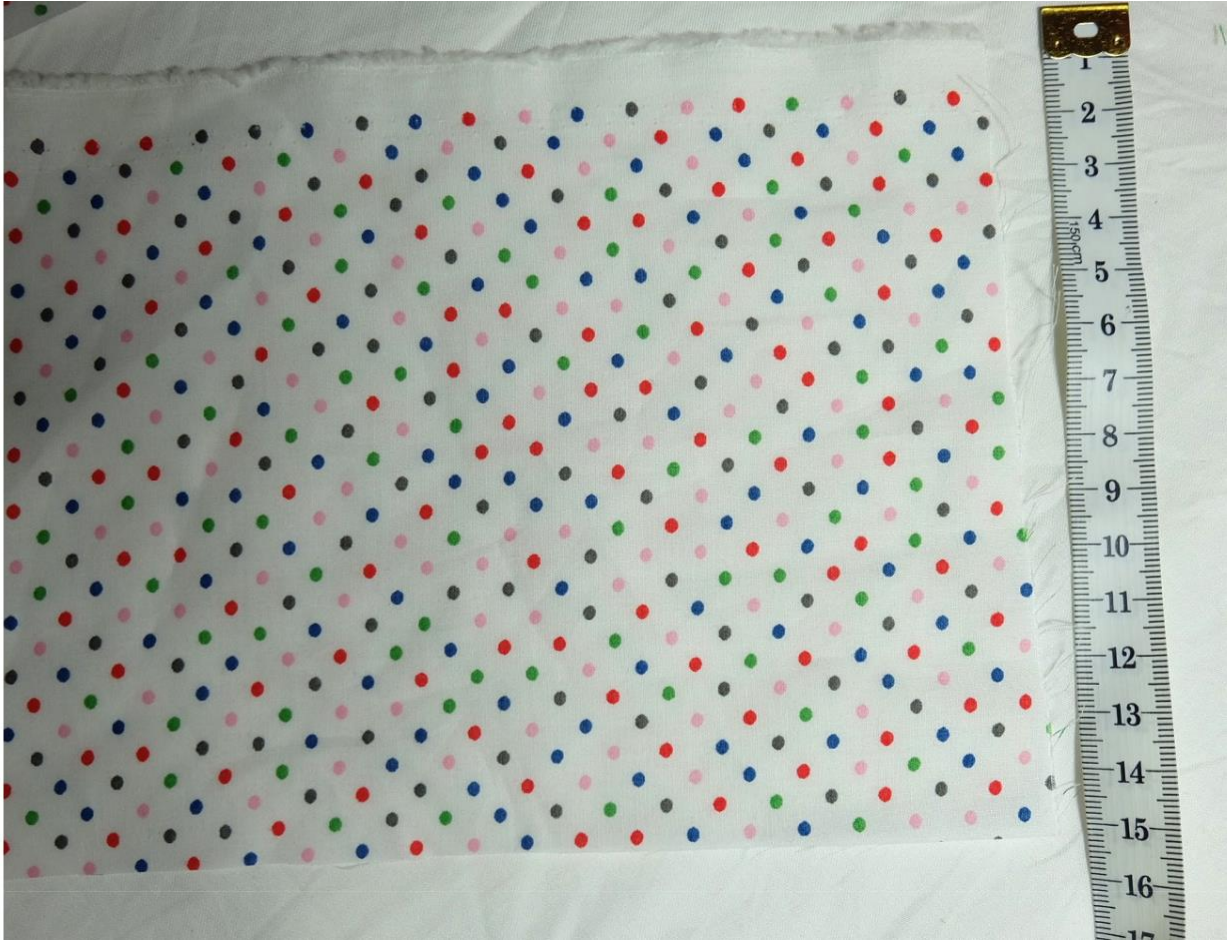




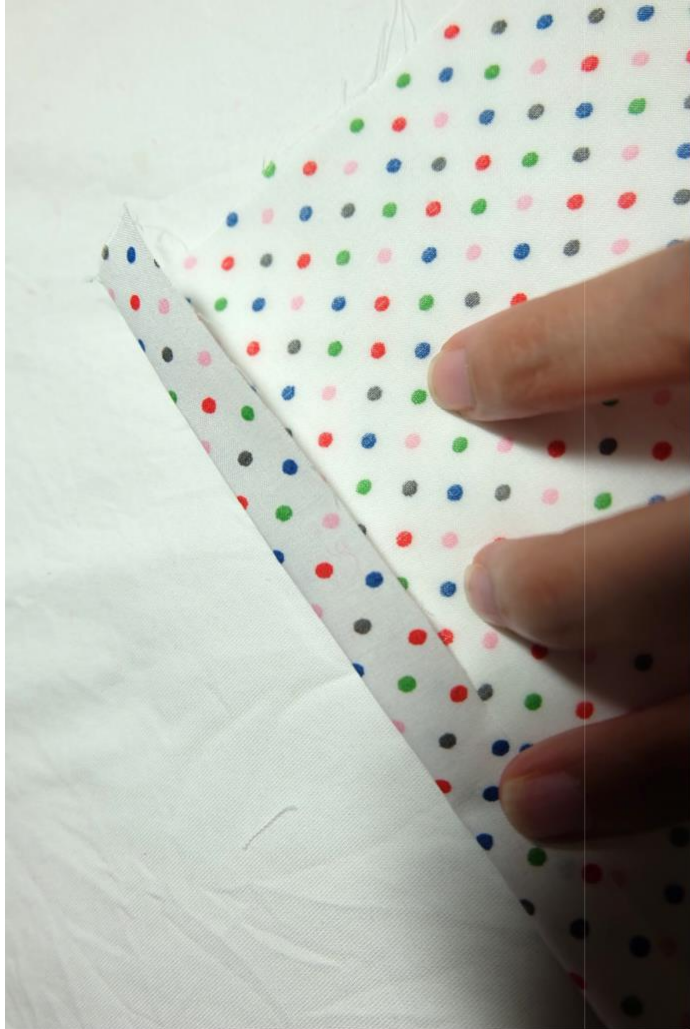
The finished look. The laces acting as shoulder straps.

I chose to use metal snaps instead of stitching the shoulder straps directly unto the hips because this enables me to change my doll's dress as I wish – flexibility reasons.

Preparing the skirt- 63cm x 15 cm (length , height)



Bottom of the skirt: Fold the hem down by $\frac{1}{2}$ inch. Be sure that you are folding towards the wrong side of the fabric. Consider sewing the hem down using a zigzag stitch if you don't have a serger.



Top of the skirt. Gathering the skirt: Fold the hem down by 1 inch. The sewing machine's stitch length has to be adjusted to 4. Sew one straight line



Carefully pull the threads
and form even *gathers*.
Be sure to
pull the thread evenly.





Tie all end strings together on both sides of the skirt. This will keep the gathers from coming out.



To finish off, we need to fold a hem down by ½ inch at each of the 2 ends that will attach the skirt as one.





Sew/attach the metal snap buttons.



Congratulations. Your doll is now dressed up. Now let's give her eyes and make her blush blush.





Draw the eye style of your choice. The eye shape I used here has been provided in the pattern section.

The brand of the fabric paint I used for this doll is called “Dylon”.

You can embroider the eyes and mouth too.





There you go! Your new doll is ready to play.
Hope you had fun making your first doll.
May she carry sunshine and lots of marks of
hugs in her new home.

Breachelle☺

